



# Angkor Climbers Net (ACN) Newsletter

by Angkor Climbers net

アウトドア総合ブランド (株) モンペル、アウトドアギア輸入販売 (株) ロストアローより賛同・支援をいただいています。

<http://www.angkorclimbers.net/>

22/Nov./2016 No. 19

Climbing will be an event at the Tokyo Olympic Games in 2020.

## Let Cambodian climbers participate in the Tokyo Olympic Games !

This is not an unfeasible dream. Actually, the ACN's graduates were talking about their ambitions of participating in the Olympic Games, in an interview with North Face at Central Mall, Phnom Penh.

<https://www.facebook.com/centralmallphnompenh/videos/491287354413720/>



The sport of "Climbing" is officially approved for 2020 Olympics, and two Khmer climbers are already training hard for their Olympic dreams.

Central Mall - Phnom Penh is pleased to sponsor Channy Cho and Seyha Sor with outfits from The North Face brand. We wish them all the best to represent Cambodia!

- CM is open daily from 8am to 7pm
- RAINY SEASON Promo available now

Video by #centralmallpp

Location: Phnom Climb Community Gym



We in Japan are very blessed with good climbing facilities compared with people in Cambodia, where there are only two artificial climbing walls. There are more than 400 climbing gyms operating in Japan now. In addition to these, there are artificial walls built in public facilities such as schools, climbing training institutes, public gymnasiums, fire stations, etc.

The ACN is supporting "Sports Climbing," one sport among the 33 Olympic events, in Cambodia, which is one country among the many developing countries.

We are simply glad that climbing has become an Olympic event, which is a first step. Now we can think next about what we should do, and what we can do, and act toward our dream of participation in 2020.

### The 6th Angkor Cup

This competition will be held at the Angkor Climbing Wall at Siem Reap.

On Sunday, December 11 2016: Top-Rope, Lead

On Sunday, December 18 2016: Bouldering

We would like to ask those who intend to participate in the Lead competition to register with the ACN in advance.



## Training in Laos

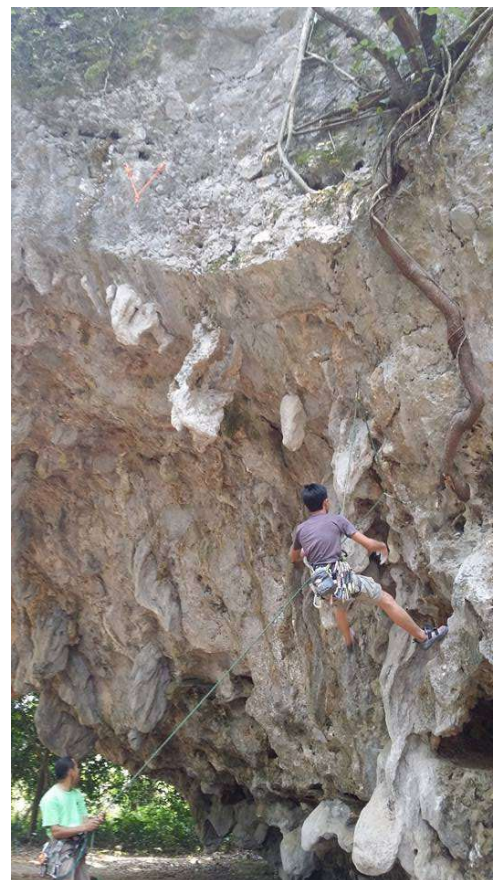


↑ Laos Vang Vieng Sleeping wall Phatang naphadeang wall →

In order to guide climbers' safely, not only to artificial walls but also on natural rock walls, Kimsroy and Barang went to Laos from 29 March to 4 April



There, they received training from Mr. Sangthong Nieselt, known as Adam, who is the headmaster of Adam Climbing School and a pioneer in Vang Vieng, Laos.



Phadeang mountain

## The Lotus Cup



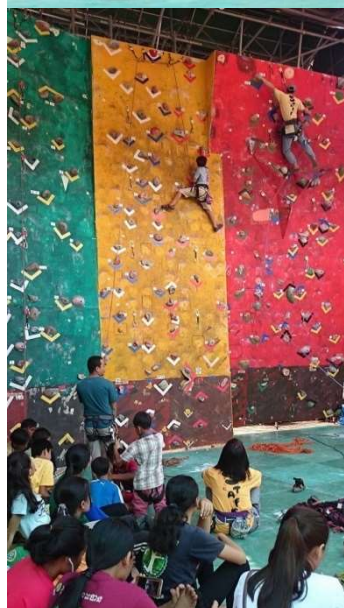
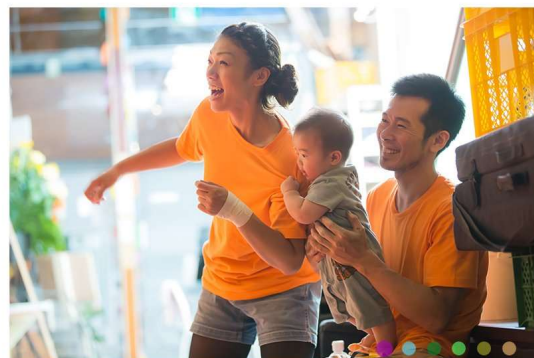
The Lotus Cup, a competition fixed in the rainy season, was held this year again. It was on July 3, the first Sunday of the month, and was led by strong supporters: Mr. Hirakawa, who has been called "Jinjan" for three years (as his first name was hard to pronounce for Cambodians); Mr. Hirayama, who is a new member coming from Shikoku; and Mr. Wakae, who just opened his own climbing gym, and came to help with



**BRAVE**  
Climbing Studio

〒790-0012 愛媛県松山市湊町3丁目5-14  
TEL 089-906-8166  
営業時間 平日: 10:00-23:00 / 土日祝: 9:00-23:00  
お問い合わせはこちらへ

初めての方へ BEGINNER 施設紹介 FLOOR GUIDE 料金 PRICE アクセス ACCESS ギャラリー GALLERY ヨガスタジオ YOGA スタッフ紹介 STAFF



route-setting straight away. <http://climbingstudio-brave.com/>

We did not intend to award prizes at first, but there were some donated presents left, so we added some more. Most of the participants could receive prizes according to their places. There was only the Top-Rope competition for women, but there were more female beginners than there were men. It is a challenge for us, to help them continue climbing

### Result of Lotus Cup 05-07-2015

CCF Class A leading (Male under 15 years old ) 5 people

| Result | Name             | Age | From                 | Duration | Point |
|--------|------------------|-----|----------------------|----------|-------|
| 1      | Huy Yanfei       | 12  | Krous Primary school | 1:02:49  | 8*    |
| 2      | Sambath Pheaktra | 14  | Krous Primary school | 1:08:51  | 8     |
| 3      | Huy Yanfy        | 14  | Krous Primary school | 1:17:15  | 7     |

CCF class B leading (Male over 16 years old ) 2people

| Result | Name       | Age | From                  | Duration | Point |
|--------|------------|-----|-----------------------|----------|-------|
| 1      | Huy Barang | 17  | 10 makara high school | 2:07:53  | 17    |
| 2      | Khoem mesa | 21  | ACN staff             | 1:18:90  | 8     |

Open Class C (male Top rope over 10 years old ) 9 people

| Result | Name            | Age | From                   | Duration | Point |
|--------|-----------------|-----|------------------------|----------|-------|
| 1      | Eom Sokunpanha  | 13  | 10 makara high school  | 48'50    | Top   |
| 2      | Rouen Ratheanut | 13  | Krous secondary school | 1:05:50  | Top   |
| 3      | Nhouern Sakara  | 21  | PEPY                   | 1:12:50  | Top   |

Open Class D (Female Top rope over 13 years old ) 10 people





| Result | Name         | Age | From                   | Duration | Point |
|--------|--------------|-----|------------------------|----------|-------|
| 1      | Rin Mory     | 19  | PEPY                   | 0:39:34  | Top   |
| 2      | Soueng Chhan | 16  | krous secondary school | 0:40:93  | Top   |
| 3      | Sek Sreydet  | 14  | krous secondary school | 0:41:73  | Top   |

Bouldering

There was a Bouldering competition on the same day. Twelve male competitors challenged ten tasks. Six male competitors challenged 100 boulders.

Male                      Note:    x : No success    ,    O : Success    , M1 : Route 1 for male

| Result   | Name             | M1 | M2 | M3 | M4 | M5 | M6 | M7 | M8 | M9 | M10 | success |
|----------|------------------|----|----|----|----|----|----|----|----|----|-----|---------|
| <u>1</u> | Huy Yanfei       | O  | O  | O  | O  | O  | x  | x  | x  | x  | x   | 5       |
| <u>1</u> | Huy Barang       | O  | O  | O  | O  | O  | x  | x  | x  | x  | x   | 5       |
| <u>3</u> | Sambath pheaktra | O  | O  | O  | O  | x  | x  | x  | x  | x  | x   | 4       |

Bouldering    100 boulders

| Result   | Name             | success          |
|----------|------------------|------------------|
| <u>1</u> | Huy Barang       | 58 <sup>th</sup> |
| <u>1</u> | Sambath pheaktra | 58 <sup>th</sup> |
| <u>3</u> | Huy Yanfei       | 57 <sup>th</sup> |



There is a movie on YouTube, edited by Mr. Barang, who won the first prize.    <https://www.youtube.com/embed/36JqXmGahEc>



## Update and Film Showing

The ACN received a grant of 100,000 yen from the Buddhist organization Shinnyoen for "The Assisting Project open for people's activities in the Tama area." We offered an update on our activities and showed a film about the training project and the 5th Angkor Cup in 2015. We are planning to hold similar "Update and Film" meetings a few more times, as also we received "Engawa Fund" from Chofu City. Some people who came to the meeting decided to become members of the ACN.

We introduced the mountainside and climbing walls to Japanese people, saying "Let's enjoy climbing and hiking in Cambodia and help the members of the ACN-Cambodia learn to guide and teach technique with the people visiting Cambodia."

So that our plan "Let Cambodian Climbers participate in the Tokyo Olympics" does not remain only a dream, what can we do?



7<sup>th</sup> Aug, Tokyo Stadium Meeting room



←25 Jun. mont bell Machida



10 Jul. Tama Sekido



カンボジアで  
アウトドアを楽しむ、  
人と出会う。

カンボジアへ登りに来ませんか？

自然の岩に登る  
ACNのルート案内を  
ご提供いたします。

ハイキングする  
ACNのメンバーと  
一緒に参加します。

クライミングを教える  
ACNに所属するカンボジアの  
子供達にクライミングを教える  
ボランティアを募集しています。

**ANGKOR CLIMBERS NET**  
アンコールクライマーズ・ネット

特定非営利活動法人 アンコール・クライマーズ・ネット  
(Angkor Climbers Net, 暹羅ACN)は、スポーツ・クライミングを通じて、  
カンボジア青少年の健全な成長を支援しているNGO団体です。

It is hard to introduce our activities by showing only a display and film without a climbing wall. But at a climbing gym, people showed interest.

## General Meeting

On August 27 (Saturday) 17:00~

At "Karin" Nishiide, Oizumicho, Hokuto city, Yamanashi Prefecture  
(44 members attendance 12, proxy 16, total 28)

Board Members 2016-2018  
Chairperson Asai Kazuhide  
Yasuda Yukihiro  
Ito Akiko  
Hotta Keiko  
Ariizumi Shigemasa  
Takagi Tomoko  
Kurumizawa Kenji  
Saihora Akio  
Kamoshida Tomoya  
Yoshitomi Akira

The 3rd general meeting was held with a quorum as an NPO. The board of directors updated on our activities, closed accounts and an audit in 2015, and set forth the plan and budget for 2016. Also, we had an election of the board members for the next two years.

All of the following were passed through the approval process and agreed upon:

Raising funds for the plan "Let Cambodian Climbers participate in the Tokyo Olympic Games,"

taking every opportunity (It will be carried out straight away at a children's climbing school the next day.)

- Introduce natural rock walls in Cambodia, led by the ACN-Japan.



## Children's Climbing School

It was held on August 28, following the general meeting at Ogawa-yama in an interval of miraculous clear weather.



The school went well with a cooperative attitude of their parents. At the end of the school, we had fund-raising and some children donated all the money they had. We hope that Cambodian children will be able to climb like this on an equal basis with these children someday.



## Cook and Eat Cambodian Food

On September 10, "Cook and Eat Cambodian Food" event was held at Chofu City Hall "tazukuri." We fixed the day on Saturday to invite nearby high school students, but unfortunately, no high-school students came to the event because three neighboring high schools had cultural festivals the same day and we hadn't known that. However, we were able to enjoy "Sugau Mareah" stuffed not-so-bitter cucumber and papaya salad.

## Global Festa

1<sup>st</sup> 2<sup>nd</sup> Oct

The ACN

participated in the Global Festa for the third time, and for the second time at the Odaiba site. We had nice weather and a good location. We operated a free climbing wall which was



lent free of charge, thanks to Pyramid Japan Co. Ltd, and more than 300 people enjoyed the climbing wall. Since the ACN participated in the "Human Rights and Peace Zone," the neighboring booths were NGOs which were working to stop human trafficking in Cambodia. In order to promote human rights and peace, our aims are aligned with theirs



## Mt. Takao

On October 23, "Hiking at Mt. Takao with Mr. Kanzaki"

Seyha went hiking at Mt. Takao in 2013 and Channy in 2015. (Both are shown on P.1) At first, Seyha and Mesa were invited to the Junior

Olympic Cup in 2013 with Mr. Kanzaki's strong support and the idea for "equal opportunity for climbers in developing countries. The ACN has been supported by



donations from his followers. Our "Hiking at Mt. Takao" event was planned to enjoy nature in Takao and also to give an update on our activities. On the day, eight people took the Inariyama course and another eight people went up by cable car. They then met at the top and enjoyed tengu-yaki, Mt. Takao's famous sweet. The cost and insurance were taken from the activity fee, and the rest of the funds were donated to the ACN. Thank you.

## From ACN's Desk

If you want to join ACN, please contact us. We will send you an application form, guidelines and some other documents in accordance with the type of request. Our annual membership fee is 5,000 yen (general member). Please make payment according to our business year that begins on July 1. Your support will surely help promote the healthy growth of Cambodian youth.

Angkor Climbers Net Japan (Japan office) 5-3-1-506 Tamagawa Chofu-shi Tokyo 182-0025

Tel & fax +81-(0)42-498-2488 Email: [info@angkorclimbers.net](mailto:info@angkorclimbers.net)

## Donated Funds and Presents

Our total donated sum comes to 9,041,815 yen, plus US\$13,660 (beginning in 2008, when we launched our NGO, though October 31, 2016). The total funds for our foster parents' system comes to 3,780,000 yen, plus US\$1,250. We greatly appreciate this support. The following individuals, businesses, and associations contributed donations and goods from May 2016 to October 2016:

### —Funds Chofushi social movement support center "Engawa Fund"

Mr. Asada Shin-ichiro, Ms. Takahashi Chizuko, Ms. Tagata Akino, Ms. Sato Miho, Sakudaira Rock Climbing center, Ms. Hyashi Takeko, Kroma Yu Yu, Ms. Hirayama Shigemi, Mr. Kadota Osamu, Ms. Kadota Mariko, Mr. Ito Shintaro, Ms. Shimizu Fuji, Mr. Enokida Takehiko, Ms. Kimura Mariko, Mr. Kimura Ryo, Yasuda Family and Natural Food Shop Karin, Mr. Asai Kazuhide, Mr. Kurumizawa Kenji, Mr. Yoshitomi Akira, Ms. Hotta Keiko

### —Presents Pyramide Japan, montbell, Lost Arrow, Phnom Climb Community Gym, Climbing Gym

Westrock, Sakudaira Rock Climbing Center, Shalorm Tsukimino, Mr. Minoda Kotaro, Ms. Sawada Haruko, Mr. Kanzaki Tadao, Ms. Imada Akiko, Mr. Wakae Yuichi, Mr. Hirakawa Shinji, Ms. Hirayama Shigemi, Ms. Lisa Twarorite, Ms. Fukujin Kazuko, Ms. Nakae Emiko, Mr. Ono Haruo, Ms. Takeuchi Atsuko, Ms. Shimizu Tomoko, Ms. Ito Hiromi

★★★ Bank account for donation ★★★

■Japan Post Bank

記号 10010

番号 75286831

口座名 アンコールクライマーズネット

■Bank of Tokyo-Mitsubishi UFJ

支店名 : 調布支店

預金種目 : 普通預金 口座番号 : 0081781

口座名 : アンコールクライマーズネット

☆☆☆ Contact ☆☆☆

■Angkor Climbers Net (Japan)

5-3-1-506 Tamagawa, Chofu shi Tokyo-182-0025  
tel& fax +81-(0)42-498-2488

■Angkor Climbers Net (ACNCambodia)

tel. +855-(0)92-336-924, +855-(0)12-1759970  
+855-(0)12-793-221

POBOX 93044, Siem Reap city, Siem Reap province,  
CAMBODIA

・ Wall Location (No post office delivery )

Angkor Climbing WallKrus village, Svidoncom  
commune

Siem Reap city, Siem Reap province, Cambodia

■ email info@angkorclimbers.net

Climbing with Peace, two years after the Hiroshima Mountaineering Peace Festival

Editor's note



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From the ACN's Desk

We are sorry to report that Ms. Junko Tabei passed away. The ACN received her support through Hat-J (Himalayan Adventure Trust-Japan). We offer our deepest condolences to her friends and family, and wish them peace.

In the autumn of 2014, we got a call from the Hat-J office. They said they had collected mountain gear and sports gear to be given as presents at competitions in Cambodia and they asked us to come and pick them up by car. We drove a "Fit," a five-seater car there, and filled the car up with a lot of goods. Some of the presents still remain to use as prizes for our competition. (as mentioned on P.3)

After that, we saw Ms. Tabei in good health when she took a ferry to go to Mt. Misen during the Hiroshima Mountaineering Peace Festival. It has been only two years since then, but Mr. Hemtong, who came from Cambodia to attend the festival, and Mr. Tadao Ito, the former chairperson of the ACN, have also passed away.

Building a 50 meter pool in Cambodia was Mr. Hemtong's wish, and it was achieved. Since the JOCV recruited overseas volunteers to be swimming coaches in Cambodia, some Japanese may teach swimming in that pool next year.

Hat-J also invited high-school students from Fukushima to go hiking on Mt. Fuji, and this was destined to be the last trip to the mountains for Ms. Tabei.

"Moi moi" -- "little by little" in Cambodia's Khmer language -- the ACN would like to continue to support the ambitions and dreams of Cambodian youths.

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22<sup>nd</sup> Nov. 2016

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5-3-1-506 Tamagawa, Chofu-shi 182-0025 Tokyo, Japan

Tel. +81 (0) 42-498-2488 Fax. +81 (0) 42-498-2488

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